

Mine Conkbayir, Doctor of Philosophy, specialises in neuroscience. An award-winning author, lecturer, trainer and researcher, she has worked in early childhood education and care, for over twenty years. Mine is passionate about bridging the knowledge gap between neuroscience and Early Years. She designed the new Cache Neuroscience in Early Years qualifications and accompanying textbooks as part of this endeavour and her latest award-winning book, *Early Childhood and Neuroscience: Theory, Research and Implications for Practice*, is now in its second edition.

She is the winner of the Nursery Management Today Top 5 Most Inspirational People in Childcare Award. She is the founder of the award-winning Cache Endorsed Learning Programme, *Applying Neuroscience to Early Intervention* and the two times award-winning online training programme, *Self-regulation in Early Years*. She is the designer of the two times award-winning free self-regulation app, the *Keep Your Cool Toolbox* and has contributed to the development of the *Birth to Five Matters* non-statutory guidance for the Early Years Foundation Stage, on the subject of self-regulation. Trained in trauma-informed approaches, Mine regularly delivers training on behalf of local authorities and fostering organisations, as well as various Early Years providers in achieving trauma-informed care. Mine is a frequent main stage speaker and has spoken at the Ofsted Big Conversation events, as well as hosting three sold-out Funzing lectures and Q&A on the subject of adverse childhood experiences and the long-term impact of trauma.